

BARSTOW LOG

SERVING A MARINE CORPS REINVENTION LAB

Vol. 4, No. 7

Marine Corps Logistics Base Barstow, California

December 16, 1999

CHP expecting New Years gridlock

By Cpl. Matthew R. Weir
BARSTOW LOG staff

Interstate 15 is backed up through Barstow on any given Sunday night with normal traffic. What happens when the number of vehicles on the road triples?

In a meeting with MCLBs Provost Marshal's Office, the California Highway Patrol stated they are particularly concerned about this between Dec. 28 and Jan. 2.

The CHP expects the I-15 to be a parking lot because of the heavy flow of New Years traffic between Los Angeles and Las Vegas.

"They are expecting to have a million people on the strip," said Maj. Leonard D. Miller, Provost Marshal. "Most of those travelers will be taking the I-15 through Barstow."

The CHP expects an estimated 38 percent of

all visitors to Las Vegas will be traveling from southern California.

Crime problems are likely to occur during this time, with frustrated partiers stranded indefi-

staffed 24-hours-a-day beginning at 6 p.m. on Dec. 30 and will stay operational through 6 a.m. on Jan. 3. Local emergency service agencies can request support through there, according to a

The CHP expects the I-15 to be a parking between Los Angeles and Las Vegas during the New Years holiday.

nately on the freeway and in Barstow, according to a CHP spokesperson.

The highway patrol is setting up the regional Emergency Resource Center in Rialto to keep the situation under control. The ERC will be

CHP press release.

Caltrans will also pre-position work crews along the I-15 to re-route traffic in case of emergency.

The Personal Services Division also reminds

drivers that it is unlawful to transport any opened receptacle containing any amount of alcohol in a motor vehicle except in the trunk or in some other area out of the immediate control of the occupants.

An open container can legally be carried in a van, station wagon or hatchback only in the rear-most portion of the vehicle, out of the immediate control of the occupants in the passenger compartment.

According to a CHP press release, officers will have a zero tolerance for all drivers found speeding, driving under the influence, and being within a seat belt violation.

Although the highway patrol is planning for the worst, they are hoping for the best. If drivers obey the posted speed limits, stay sober and stay alert, accidents and traffic congestion will remain at a minimum.



From the CO and family

Marines, Sailors, civilian Marines, and family members of the Barstow Logistics Base Community:

At this time of year, as the great religions and cultures of the world celebrate festive and holy seasons, I add my best wishes to all of you for this holy and special season.

As we gather with family and friends to celebrate our traditions, exchange gifts, partake in festive meals and enjoy one another's company, we will honor the past, the heritage which has made us who we are and brought us to where we are. At the same time, we look forward to the grand celebration of the new year and the promises and potential it offers. Each of us will take some time to spend these days with family and friends.

Take this time to refresh and recharge yourselves, you deserve it!

To all of you, however you celebrate this time of year, my family and I wish you the best of the season. Be safe in your travels, be joyous in your celebrations, be bold in your plans for the new year, and be thankful for all that has come your way this past year.

May your Christmas, Hanukkah or Kwanzaa be a celebration of life and renewal.

Happy Holidays and may your new year be prosperous.

Mark A Costa
Colonel, U.S. Marine Corps

Remember:

This is the last edition of the Barstow Log for 1999.

Watch for our year-in-review issue out on the newsstands Jan. 6.

From all of us at the BARSTOW LOG to all our friends, coworkers and readers:

**Merry Christmas
and
Happy New Year!**

Millennium Bash gives partiers another option

By Cpl. Matthew R. Weir
BARSTOW LOG staff

When the clock strikes midnight on New Years, where will you be?

Forking out dough trying to have a good time, sitting at home because there is nothing else to do, or sitting in your car amidst all the traffic being predicted for New Years?

Marine Corps Community Services thought of these options and wanted to give people another choice.

The Millennium Bash, a daylong

party that does not cost a dime, kicks off at 9 a.m. Dec 31, and doesn't stop 'til the last partier drops. It is open to civilian Marines and military members of all ranks and their family and friends.

Contests are planned all around base, with bowling, putting and basketball challenges to name a few.

There is so much going on there is bound to be a contest just right for you, according to CWO William E. Bradshaw, Semper Fit Officer.

As the evening rolls around the family restaurant will open to serve a mil-

lennium ham dinner. Afterwards everyone is invited to the Oasis Club where two nationally known comics will be prepped to have you in stitches. Don Barnhart and Michael Burton have been seen around the world through the United Services Organization, as well as nationally acclaimed shows like Evening at the Improv and NBC's Friday Night.

After the show patrons are encouraged to stay for dancing and the countdown to the end of millennium.

People attending the bash should

have a designated driver, but the Provost Marshal said he would allow the local off-base taxi service on base to pick up partiers.

An on-base taxi service is being run by volunteers who will transport wayward souls home to base housing once they are partied out.

The Millennium Bash culminates three months of preparation and planning by Bradshaw and Jim Dingeldein, head of business operations, MCCA.

See **BASH** Page 8

Commandant sends seasons greetings

We have accomplished a great deal for country and Corps during the past year, and we should all be extremely proud of our performance on the global stage.

As we approach the threshold of a new era, we can and should take pride in all that Marines have meant to this century.

During the holiday season, our focus is properly upon our homes and loved ones. Their care and support nurtures and sustains us in all that we do, and we should celebrate the important role they perform in our lives. I urge all Marines to join together in observing the spirit of kinship that defines this season by showing our appreciation for the love and encouragement our families so generously provide. As duty permits, make every effort to devote time to the enjoyment of your family's companionship, and thank them personally for their many contributions.

For those Marines and Sailors whose duties require them to spend the holidays away from home, the separation can be especially difficult during this season. Take comfort in the support and care your loved ones impart to you wherever you may be. Remember them in your thoughts, and rest assured that you remain always in their hearts. Cherish their inspirational courage and strength, for they are among the greatest treasures you will ever have, and certainly the most special.

Diane and I extend our best wishes to all members of the Marine Corps team – uniformed and veteran Marines and Sailors, our family members, and civilian Marines – for a joyous and happy holiday season.

Semper Fidelis,

James L. Jones
James L. Jones
Commandant of the Marine Corps

Holiday wishes from MATCOM Commander

Happy Holidays!

This past year has been a most exciting one for the Marine Corps and Materiel Command. Change has come with outrageous speed.

Undoubtedly there will be many challenges and opportunities ahead. Throughout its history the Marines, Navy, their families, Civilian Marines have met every challenge and brought success to themselves and the Corps.

The holidays offer an opportunity, however, to stop and reflect on where we have been, where we are, and where we want to be personally and as part of the large organization in which we work.

We have an opportunity to be thankful and to give to others as an expression of our gratitude for all that we have and our genuine caring for others. Whenever I think back to holidays past the thought of decorations, bountiful food, and exchanging of gifts are fondly remembered. It was a hectic time almost frantic ... and still is.

But in retrospect it was worth it.

These activities will be repeated again and again in the upcoming years, because it brings us joy to do for others.

In the New Year it will be my honor to serve you as the Commander Materiel Command. It is my sincere wish that this holiday season is joyful and that your New Year brings prosperity, health and happiness to you and your families.

Paul M. Lee, Jr.
Paul M. Lee Jr.
Major General, U.S. Marine Corps
Commander, Marine Corps Materiel Command

I wonder what she was thinking

By Lt. Michael Michener
Base Chaplain



This is the last article I write in 1999. The year 2000 promises to be interesting if for no other reason than all the hype that has been propagated by the media.

Many are fretting because of a possible Y2K bug. Frankly, I honestly don't know if banks will fail and power and water systems will or will not work. I don't know if Christ will return in 2000 to take His bride, the Church, to heaven. There may be some wisdom in being prepared for the worst possible catastrophic events.

I like to believe there may be more wisdom in preparing for the second coming of Christ in terms of a blessing. But the truth be known, the scriptures tell us no one except God knows when the end of time will occur.

world-changing event occurred as the long awaited Messiah was born.

In a way, it was the beginning of time. The shepherds came to Mary and Joseph to worship the Christ child. They reported some of the strange events that had brought them to Bethlehem. They told of how the angel spoke to them proclaiming, *"Glory to God in the highest, and on earth peace to men on whom His favor rests"* (Luke 2:14). It was most likely a very chaotic time filled with frightening events. Maybe it was not altogether unlike what the year 2000 may be like.

Yet, we are told Mary just took it all in. Luke recorded these words for us: *"When they had seen him, they spread the word concerning what had been told them about this child, and all who heard it were amazed at what the shepherds said to them. But Mary treasured up all these things and pondered them in her heart."* (Luke 2:17-19).

I wonder what Mary was thinking that day when the shepherds showed up? I wonder what was going through her mind as events

See CHAPLAIN Page 8

Gunny's Picks

Week 14



Well, this is it – the last Gunny's Picks winner for the Millennium.

Drum roll, please ... And the winner is – Spike. It's not deja vu, last week's winner of the immortal Gunny's Picks pulled another one out of the hat as Jacksonville outscored Denver in the North Carolina rain.

"Straight out of Long Beach, Calif.; Back-to-back; Spike is back in the house."

Whatever you say, Spike – you are the pick-master.

Dan Lavoie didn't do too bad though. In fact, he and Spike were tied until Monday night. Dan just guessed a little higher on the points than Spike.

Incidentally, the next picks are for Jan. 2, because there is no paper until Jan. 6

- Arizona at Green Bay*

*Baltimore at New England

Cincinnati at Jacksonville*

Detroit at Minnesota*

*Indianapolis at Buffalo

Miami at Washington*

New Orleans at Carolina*
- *New York Giants at Dallas

Oakland at Kansas City*

*St. Louis at Philadelphia

San Diego at Denver*

Seattle at New York Jets*

*Tampa Bay at Chicago

*Tennessee at Pittsburgh

Monday night
*San Francisco at Atlanta (32)
Total points: _____

Name, work section and phone number: _____
Monday night's game is a tie-breaker and must include a total score.



Marine Corps Logistics Base Barstow, California
Colonel Mark A. Costa, Commanding Officer

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The editorial content of this newspaper is prepared, edited and provided by the Public Affairs Office of Marine Corps Logistics Base Barstow, California. Mailing address: Commanding Officer (B130), Command Headquarters, Marine Corps Logistics Base, Box 110100, Barstow, CA 92311-5001. The Public Affairs Office is located in Building 15. Phones: (760) 577-6430, 577-6450, 577-6451, FAX 577-6350, DSN prefix 282.

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BARSTOW LOG is distributed every Thursday (or Wednesday preceding a holiday) 50 weeks a year. **BARSTOW LOG** is produced at Aerotech News and printed at Antelope Valley Press in Palmdale, Calif. Printed circulation is 3,500.

For information on advertising in **BARSTOW LOG**, contact Paul Kinison of Aerotech News, Lancaster, Calif., phone: (661) 945-5634.

News Briefs

Toys for Tots distribution set

Needy families with children 10 years of age and younger seeking toys can pickup applications at Mt. St. Joseph's Catholic Church, 505 E. Mt. View St.; Department of Social Services, 1300 E. Mountain View St.; Connie's Coin Laundromat in the Stater Bros. Shopping center on Armory Road; Desert Manna, 209 S. First Ave. and Newberry Market on National Trails Highway in Newberry Springs.

Toys will be distributed at the Barstow Mall, 1876 E. Main St. from 9 a.m. to 5 p.m. Dec. 21 for those whose last names begin with A-N, on Dec. 22 for O-Z, and Dec. 23 for those who miss the first two days.

For more information or to help with the distribution call Laurden Valverdi at 256-3574.

Christmas Eve Candlelight Service



A combined Protestant and Catholic Candle Light Service will be held at the Base Chapel Christmas Eve at 7 p.m. All are invited to attend.

Also, a Christmas Day Mass for the Catholic congregation will be at 10:30.

For more info call the Chaplain's Office at 577-6848.

Mounted Color Guard in Rose Parade again

The Marine Corps Mounted color Guard, stationed here at the base stables, has been invited to participate in the 111th Annual Tournament of Roses Parade Jan. 1 in Pasadena, Calif.

The Mounted Color Guard is the only Marine Corps Mounted Color Guard in the United States. They rode in the parade last year as entry number 47, but this year have been given the singular honor of being entry number four.

In 1985, the Mounted Color Guard and the Marine Corps Band were the only military units in the parade. In 1990, 1993 and 1998 they lead the parade, with 1990 being the first time a military unit was chosen to do so. They rode in the parade 1994 through 1997 and again in 1999 but did not lead.

In addition to the parade, the Mounted Color Guard is also performing in the EquestFest.

EquestFest is a three-day celebration featuring Rose Parade horses, costumed riders, equestrian displays and arena performances.

It is all a part of the activities during Family Festival, the week prior to the parade when the public is invited to watch parade floats being decorated and view performances by parade bands, along with a host of other family-oriented activities.

The parade ties up a whirlwind year

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact, a phone number, and be received by noon, Friday for the next issue. Submit news briefs via email at daileyb@barstow.usmc.mil.

for the Mounted Color Guard.

The unit took part in 79 parades, rodeos and other events this year. In addition, the unit also put on seven riding clinics and provided 15 base stables tours.

ASMC Scholarships

The American Society of Military Comptrollers is shoring up their scholarship fund with tote bags.

The zipper bag is black with two

handles and has a Marine Corps emblem in gold.

For info on the tote bags or the scholarship program, contact Connie Lewellyn at 577-6596, Lou Ann Presley at 577-6636, Billie Reed at 577-7875 or Sophia Cisneros at 577-6140.

Safety Shoes available

Safety shoes are available for pur-

chase Jan. 5 at the parking lot in front of Bldg. 573 in the Yermo Annex from 7 to 11 a.m. They are also available in the parking lot at the east end of Bldg. 236 from noon to 2 p.m.

TRICARE rates increased

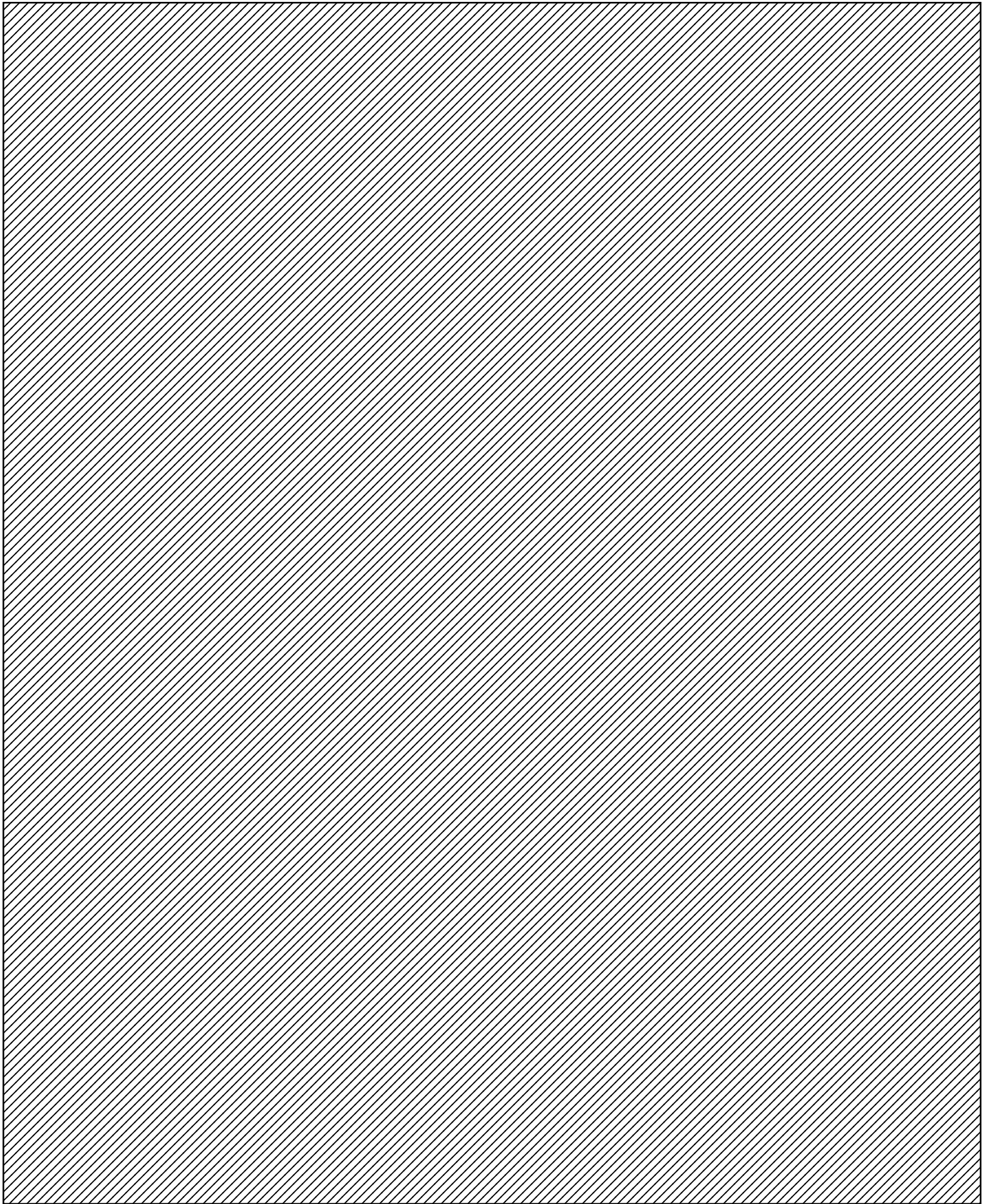
The daily amount active duty family members pay for inpatient care in civilian hospitals under TRICARE Standard and TRICARE Extra in-

creased Oct. 1.

Patient care went from \$10.45 to \$10.85 per day or a flat fee of \$25 whichever total is greater. The \$25 rate also applies to ambulatory (same-day) surgery.

The rate increase doesn't apply to any other category of TRICARE-eligible patients. Inpatient care under TRICARE Prime for active duty fam-

See BRIEFS page 9





By Jim Gaines
MCCS Publicity

Shop the Base Exchange

Do your holiday shopping at the Base Exchange.

Come in and browse our super gift ideas and Christmas card selection.

Hallmark tree ornaments, gift wrap and other items are discounted 20 percent.

Before you shop anywhere else, check out your MCX.

The Base Exchange/7-Day Store is open Monday through Saturday 8 a.m. to 9 p.m. and Sunday 10 a.m. to 6 p.m.

Call 256-8974 for details.

Lunch menu for this week

This week's lunch menu at the Family Restaurant and Cactus Cafe offers a savory variety:

Today – Cornish game hen with stuffing, vegetable, roll/butter.

Friday, Dec. 17 – Codfish, macaroni and cheese, vegetable, roll/butter.

Monday, Dec. 20 – Italian sausage and peppers with rice, vegetable, roll/butter.

Tuesday, Dec. 21 – Tuna casserole, vegetable, roll/butter.

Wednesday, Dec. 22 – Chicken

cacciatore, vegetable, roll/butter.

Thursday, Dec. 23 – Spaghetti and meatballs, vegetable, roll/butter.

All above meals are served with coffee, tea or soft drink.

Lunch is served Monday through Friday at the Family Restaurant from 10:30 a.m. to 12:30 p.m. Lunch is served Monday through Friday at the Cactus Cafe from 11:30 a.m. to 12 p.m. Price is \$3 military, \$4.50 civilian.

The Family Restaurant also offers an a la carte as well as a Sub Sandwich menu for lunch.

The Cactus Cafe offers a limited a la carte and Sub Sandwich menu for lunch.

For more info on the a la carte and Sub Sandwich menus call 577-6428.

Family Night Dinner Menu

Tonight – Baked fish, rice, vegetable and dessert.

Thursday, Dec. 23 – Holiday turkey and ham dinner with all the trimmings and dessert.

Family Night dinners are served Thursday evenings from 4:30 p.m. to 7:30 p.m.

Prices: (All you can eat) \$4.50 adults, \$2.50 children (5 to 11 years),

children 4 years and younger are free. Price is the same for military and civilian personnel.

Free giant New Year's Eve party

Free? Come on, you say, nothing's free anymore.

Not so, my doubting friend. MCCS has big plans for welcoming in the new year, and you're invited – and it's all free.

The three-phase Millennium Bash starts Dec. 31 with a series of fun games and contests for anyone with the will to compete.

Starting at 9 a.m. at the gym and continuing until 3 p.m. there will be a series of six contest events.

These contests will be divided into children and adult categories. There will be:

– A bowling contest with one-on-one as well as pairs.

– A golf contest with putt and pitch closest to the cup.

– A basketball contest with best throws and HORSE competition.

– A racquetball contest.

– A horseshoe contest.

– A wall-climbing contest.

Sign up at the gym. MCCS is looking for teams, individuals and families. There are no age limits which mean fun for everyone.

All contestants receive a free MCCS Millennium Bash T-Shirt and are eligible for other awards and prizes.

Also, ask about the "Iron Man" contest.

For details call 577-6543 or 577-6971.

After the fun and games of humiliating your opponents is over, and you've worked up a giant-sized appetite, come and feast at a delicious baked

ham dinner with all the trimmings. This succulent meal is being served from 4:30 p.m. to 7 p.m. at the Family Restaurant on Dec. 31.

If you plan to enjoy this dinner and have a party of four or more, reservations are required.

Call for reservations at 577-6428 or 577-6429. All reservations must be made by 4 p.m. Tuesday, Dec. 28.

The final phase of the Bash is a free comedy show, combined with music, dancing and a New Year's Eve celebration.

MCCS is bringing in two of the hottest comics around today.

Don Barnhart and Michael Burton are flying in from tour for this special event (I hope their arms aren't too tired.)

Rumors are that special arrangements were made to have an emergency medical crew standing by because the comic stylings of these two have put buddhist monks in stitches.

The show starts at 8 p.m. at the Oasis Club, (door prizes will be given). Music/disc jockey and dancing will

follow.

Later, as the clock ticks away the last minutes of 1999, the New Year's Eve celebration begins.

Everything is free: hors d'oeuvres, soft drinks and party favors (noise makers, etc.). The only thing you will have to buy is your alcohol drink.

All patrons buying alcohol must be 21 years of age. MCCS is offering a Blue Light taxi-service special for Nebo residents only. This service ends at 1:30 a.m.

Reservations are requested for the comedy show, dancing, and New Year's Eve celebration. Call 577-6418. Only the first 200 reservations will be accepted. Reservations must be made by 4 p.m. Tuesday, Dec. 28. Age 17 minimum.

And, as an added bonus, all parents registered with Child Care Services can get free child care if they're attending the MCCS Millennium Bash. You must sign up before Wednesday, Dec. 22.

For more info call Child Care Services at 577-6287.

Big changes on hand for employee thrift plan

By Douglas J. Gillert
American Forces Press Service

More investment funds to choose from and daily transaction processing are among the major changes coming May 1, 2000, to the federal employees' Thrift Savings Plan.

The Federal Retirement Thrift Investment Board that manages the government's 401(K) for civilian employees will transfer all existing accounts to a new system in April. The system will convert dollar amounts to shares and offer investors two new investment options in addition to the three existing funds.

The new International Stock Index Investment I Fund will be invested in the Barclays Europe, Australasia and Far East stock index. The index consists of stocks of companies in 20 countries representing 45 percent of the value of the world stock markets.

The Small Capitalization Stock Index International S Fund will be invested in a Wilshire 4500 index fund. The index represents approximately 23 percent of the market value of the U.S. stock market. It consists of stock actively traded in American stock markets except those in the Standard and Poor's 500 index.

The I Fund is expected to be the most volatile of TSP's five in the short

run, followed by the S Fund. Third is the current C Fund, a Barclays Equity Index Fund that tracks the S&P 500. The C, I and S funds potentially can yield higher returns than the safer but generally lower yielding F bond fund and G government securities fund.

Currently, changes investors make to their accounts take effect the following month. Under the new system, transactions will be processed each business day, giving investors more flexibility in managing their accounts. They also won't have to wait for a semi-

annual open season to change the amount deducted from their pay for TSP investment. Instead, they will be able to allocate future contributions at any time calling the ThriftLine at (504) 255-8777 or submitting a Form TSP-50 directly to their TSP record keeper on the World Wide Web.

Open seasons will still occur for new enrollments, but the dates will change. The new periods will be April 15-June 30 and Sept. 30 - Dec. 31. Currently they are May 15 - July 31 and Nov. 15 - Jan. 31. Enrollees will receive quar-

terly rather than biannual statements for the periods ending March 31, June 30, Sept. 30 and Dec. 31. Loan and withdrawal transactions also will change.

Quarterly statements will include loan balance information. Employees with unpaid loans will be able to reamortise them more than once and repay part of the loan ahead of schedule at any time, rather than just once and for the full amount.

Included among new withdrawal options: Employees can make a one-time partial withdrawal if they haven't taken an age-based, in-service withdrawal. They can use any combination

of single payments, monthly payments or a life annuity to withdraw the total account balance.

All key transactions will be available on the TSP Web site. There, employees will be able to allocate future contributions, check a loan status, obtain a loan prepayment amount and begin or, where spousal approval isn't required, complete loan and withdrawal requests and reamortise loans.

More information about the changes was published in the November 1999 issues of HIGHLIGHTS, mailed to current TSP account holders and also is available on the TSP home page at <http://www.tsp.gov>.



DIRECTOR'S CORNER

Maintenance Center Barstow

Employees recognized

By Col. J. Martin Jr.

MC Director

This is the last time in 1999 I will get the opportunity to thank and recognize members of the Maintenance Center Barstow Team for their hard work and dedication. Working as a team we can accomplish a lot. Keep up the great work!

July

Beneficial Suggestions

5-9-99 #46-97 Improvement of Vehicle
Richard Baca CWC 743 \$767.00

5-9-99 #79-98 How to Save Money in Utilizing Our Nitrogen Tanks
Billy Benavidez CWC 728 \$500.00

5-9-99 #78-98 Replace Insulation of Cooler Components of LAV-25 TSS
Larry Bonner CWC 728 \$250.00

5-9-99 #73-98 AN/TPQ-46 Power Supply Test Fixture
Thomas Graul CWC 732 \$100.00

5-9-99 #66-98 Water Jack Removal Tool
Gary Heidorn CWC 719 \$100.00

5-9-99 #30-98 Power Steering Pump Seal Installed for 800/900 Truck
Michael Hendley CWC 711 \$100.00

5-9-99 #44-98 Bullet Thread Guard
Keith Mintun CWC 729 \$250.00

5-9-99 #69-98 P-7 Track Shrouds
Thomas Mitchell CWC 742 \$125.00
Gregory Wages CWC 742 \$125.00

5-9-99 #41-98 Light Armored Vehicle Work Stands
Max Moss CWC 724 \$500.00

*From MCLB Albany

July

5-9-99 #59-98 Change Location of Wire Splice

Thomas Putnam CWC 737 \$50.00
Carl Stevens CWC 737 \$50.00

August

Time Off Awards

(14 hours)

Joann Bond

(9 hours)

Wilfred Abeyta

(2 hours)

Paul Aviles David Pacheco
Lester Brown Kevin Peterson
Karl Coleman Kelly Thornbury
Richard Kastner

September

Time Off Awards

(9 hours)

Robin Baret James Merriweather
Lisa Garcia Margot Padilla
Ronald Halliday William Perry
Eliasar Jurado Walter Provart
Carl Kelly Jeffery Smith
Ed Kenworthy Margaret Steele
Thomas Lingren Danny Wolf
Antonia Martinez

(2 hours)

Richard Henthorne Tulu Niusulu
Darryl Kirkland Gregory Wages

Goodbye to summer

By Fred Alley

Heavy Mobile Equipment Business Center

The 30th Annual Picnic was held on Friday, Oct. 22 at Obregon Park. This year our supervisors contributed money to allow our employees the opportunity to enjoy a free picnic. The weather was excellent and everyone attending had plenty to eat.

The Basketball tournament had some tough competition this year. Chris Moya coordinated the teams. It was reported that some great moves, team playing, and unbelievable shots were made that would have inspired Michael Jordan to take note. The winning team was the "Terminators" which consisted of Bobby (Be Bop) Benavidez and Ron (Mo Mo) Fillingame, and their secret weapon. Softball, horseshoes, and volleyball were also provided.

Many folks were instrumental in the success of the picnic, thanks to all! Bob Fogle volunteered his time to entertain his fellow workers with music. Robin Trujillo designed the T-shirt logo. We would like to thank all who participated. What a good time for our employees!



Photos by Colleen Donnelly

Maintenance Center employees have a beautiful day for standing in line at Obregon Park.

BBP Toolbox Guide Briefings - questions, concerns and answers

By Nita Littlefield

Engineering Department

On Sept. 1, I met with Gary Baker to discuss some questions and concerns brought up during the Better Business Practices Toolbox Guide briefings.

It was difficult deciding the best method for getting the information out. I hope I've chosen the right one.

If there are additional questions/concerns about BBP, please call 577-7407 or e-mail: littlefieldbl@barstow.usmc.mil. Additional information is available at 1-800-952-3352 and <http://www.ala.usmc.mil/bbp>.

Concern: Employees want managers more visible in the work areas and more communicative.

Response: This subject has been discussed at several Production Meetings. You should be seeing an increase in visits to the work area by your Business Center Managers.

Question: How is management holding supervisors accountable for personnel issues, such as: slackers, deadwood, leave abusers and safety violators?

Answer: In many cases action has been or is being taken. However, because employee confidentiality must be maintained, it is not always apparent to other employees when and what type of discipline is being taken. As we continue to downsize and reorganize supervisors will be required to assume more responsibilities. One responsibility will be overseeing an increased number of employees. As this happens it will become increasingly difficult for supervisors to keep vigil over all that is going on in their areas of responsibility. It is recommended that employees assist their supervisors by bringing to their attention when behavior detrimental to the organization is observed.

According to the Communications Plan Team Leader, the BBP Initiatives are not tools for holding people accountable or to point

fingers. They are tools to help do business more efficiently and to help be more competitive with other public as well as private contractors.

Question: If we are losing money, why are mechanics told to use up money at the end of the year?

Answer: Perhaps there is a misunderstanding as to what money we are using to pay for the overtime in question. The dollars we are using are funds allocated by our customers to complete jobs by a certain date. Funds are allocated by fiscal year. If the jobs are not completed by the end of that year, the money will no longer be available.

Question: Why has the P7 line gone from getting out 10 vehicles per month to 2 per month?

Answer: The P7 line (RAM/RS) has averaged 8 vehicles per month since the line started in June. Production has remained on schedule, and will increase in the coming months due to the implementation of Process Improvements.

Maintenance Center Director: Col. J. Martin, Jr.
Maintenance Center Deputy Director: Gary Baker

Editor: Dianna McCormick
Director's Corner phone numbers: 577-7054/7055

MONTHLY BASIC PAY TABLE.

EFFECTIVE 1 JANUARY 2000

YEARS OF SERVICE

PAY GRADE	<2	2	3	4	6	8	10	12	14	16	18	20	22	24	26
COMMISSIONED OFFICERS															
O-10	8214.90	8503.80	8503.80	8503.80	8503.80	8830.20	8830.20	9319.50	9319.50	9986.40	9986.40	10655.10	10655.10	10655.10	11318.40
O-9	7280.70	7471.50	7630.50	7630.50	7630.50	7824.60	7824.60	8150.10	8150.10	8830.20	8830.20	9319.50	9319.50	9319.50	9986.40
O-8	6594.30	6792.30	6953.10	6953.10	6953.10	7471.50	7471.50	7824.60	7824.60	8150.10	8503.80	8830.20	9048.00	9048.00	9048.00
O-7	5479.50	5851.80	5851.80	5851.80	6114.60	6114.60	6468.90	6468.90	6792.30	7471.50	7985.40	7985.40	7985.40	7985.40	7985.40
O-6	4061.10	4461.60	4754.40	4754.40	4754.40	4754.40	4754.40	4754.40	4916.10	5693.10	5983.80	6114.60	6468.90	6687.30	7015.50
O-5	3248.40	3813.90	4077.90	4077.90	4077.90	4077.90	4200.30	4427.10	4723.80	5077.50	5368.20	5531.10	5724.60	5724.60	5724.60
O-4	2737.80	3333.90	3556.20	3556.20	3622.20	3781.80	4040.40	4267.50	4461.60	4658.10	4785.90	4785.90	4785.90	4785.90	4785.90
O-3	2544.00	2844.30	3041.10	3364.80	3525.90	3652.20	3850.20	4040.40	4139.10	4139.10	4139.10	4139.10	4139.10	4139.10	4139.10
O-2	2218.80	2423.10	2910.90	3009.00	3071.10	3071.10	3071.10	3071.10	3071.10	3071.10	3071.10	3071.10	3071.10	3071.10	3071.10
O-1	1926.30	2004.90	2423.10	2423.10	2423.10	2423.10	2423.10	2423.10	2423.10	2423.10	2423.10	2423.10	2423.10	2423.10	2423.10
COMMISSIONED OFFICERS WITH OVER 4 YEARS ACTIVE DUTY SERVICE AS AN ENLISTED MEMBER OR WARRANT OFFICER															
O-3E	0.00	0.00	0.00	3364.80	3525.90	3652.20	3850.20	4040.40	4200.30	4200.30	4200.30	4200.30	4200.30	4200.30	4200.30
O-2E	0.00	0.00	0.00	3009.00	3071.10	3168.60	3333.90	3461.40	3556.20	3556.20	3556.20	3556.20	3556.20	3556.20	3556.20
O-1E	0.00	0.00	0.00	2423.10	2588.40	2683.80	2781.30	2877.60	3009.00	3009.00	3009.00	3009.00	3009.00	3009.00	3009.00
WARRANT OFFICERS															
W-5	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	4423.80	4591.20	4724.10	4923.30
W-4	2592.00	2781.30	2781.30	2844.30	2974.20	3105.00	3235.50	3461.40	3622.20	3749.40	3850.20	3974.10	4107.00	4235.10	4427.10
W-3	2355.90	2555.40	2555.40	2588.40	2618.70	2810.40	2974.20	3071.10	3168.60	3263.40	3364.80	3495.90	3622.20	3622.20	3749.40
W-2	2063.40	2232.60	2232.60	2297.40	2423.10	2555.40	2652.60	2749.80	2844.30	2944.50	3041.10	3136.80	3263.40	3263.40	3263.40
W-1	1719.00	1971.00	1971.00	2135.70	2232.60	2328.00	2423.10	2522.70	2618.70	2716.20	2810.40	2910.90	2910.90	2910.90	2910.90
ENLISTED MEMBERS															
E-9	0.00	0.00	0.00	0.00	0.00	0.00	3015.30	3083.40	3152.70	3225.60	3298.20	3361.50	3537.90	3675.60	3882.60
E-8	0.00	0.00	0.00	0.00	0.00	2528.40	2601.60	2669.70	2739.00	2811.60	2875.50	2946.30	3119.40	3258.00	3467.10
E-7	1765.80	1906.20	1976.10	2045.70	2115.60	2182.80	2252.70	2323.20	2427.90	2496.90	2566.20	2599.50	2774.40	2912.40	3119.40
E-6	1518.90	1655.70	1724.40	1797.60	1865.40	1932.60	2003.40	2106.60	2172.90	2242.80	2277.00	2277.00	2277.00	2277.00	2277.00
E-5	1332.60	1450.50	1521.00	1587.30	1691.70	1761.00	1830.00	1898.10	1932.60	1932.60	1932.60	1932.60	1932.60	1932.60	1932.60
E-4	1242.90	1312.80	1390.20	1497.30	1556.70	1556.70	1556.70	1556.70	1556.70	1556.70	1556.70	1556.70	1556.70	1556.70	1556.70
E-3	1171.50	1235.70	1284.60	1335.90	1335.90	1335.90	1335.90	1335.90	1335.90	1335.90	1335.90	1335.90	1335.90	1335.90	1335.90
E-2	1127.40	1127.40	1127.40	1127.40	1127.40	1127.40	1127.40	1127.40	1127.40	1127.40	1127.40	1127.40	1127.40	1127.40	1127.40
E-1 >4	1005.60	1005.60	1005.60	1005.60	1005.60	1005.60	1005.60	1005.60	1005.60	1005.60	1005.60	1005.60	1005.60	1005.60	1005.60
E-1 <4	930.30	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00

NOTE--BASIC PAY FOR O7-O10 IS LIMITED TO LEVEL III OF THE EXECUTIVE SCHEDULE
NOTE--BASIC PAY FOR O6 AND BELOW IS LIMITED TO LEVEL V OF THE EXECUTIVE SCHEDULE

UNOFFICIAL

* The data in this table reflects a proposed 4.8 percent increase in active duty military pay. Civilian pay tables were not available at press time.

How will you spend your pay raise?



1stLt. Leah L. Conley
Adjutant

*"I'm going to
Disneyland"*

*"I'm not sure, I'll
probably end up
giving it to my
wife."*



LCpl. Kelley L. Courtney
Logistics Clerk



PFC. Derrick D. Christoff
Administrative Clerk

*"I'm going to buy
my wife something
real nice."*



LCpl. Angelina A. Marrero
Unit Diary Clerk

*"I'm going shop-
ping for clothes."*



SSgt. Brett D. Hohmann
Postal SNCOIC

*"My wife and I have
decided that we are
investing it in our
daughter's future."*



Cpl. Michael A. McGee
Unit Diary NCO

*"Put it in savings
or start another
mutual fund."*

Job Watch

Annc No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEA 430-99	Electronics Technician GS-0856-10 (Term NTE 366 days)	12-06-99	01-03-00	12-20-99	MCLB Barstow
DEA-470-99	Equipment Cleaner WG-7009-04 (Term NTE 366 days)	11-08-99	12-20-99	12-06-99	MCLB Barstow
DEA-513-99	Electrical Equipment Repairer WG-2854-10 (Term NTE 366 days)	12-01-99	12-29-99	12-15-99	MCLB Barstow
DEA-514-99	Civil Engineer GS-810-12	12-01-99	12-29-99	12-18-99	MCLB Barstow
DEA-521-99	Painter Worker WG-4102-07 (Term NTE 366 days)	12-03-99	12-30-99	12-17-99	MCLB Barstow
OTR-161-99	Educational Technician GS-1702-04 (Temp NTE 1 year)	11-29-99	12-27-99	12-13-99	MCLB Barstow
OTR-163-99	Painter Helper WG-4102-05 (TempNTE 1 Year)	12-03-99	12-30-99	12-17-99	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their resume to:

Human Resources Service Center, Southwest
ATTN: Code 522 (announcement number)
525 B Street, Suite 600
San Diego, CA 92101-4418
For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office 24-hour employment information line at 577-6919.
If you have Internet access, browse to <http://www.usajobs.opm.gov>.
For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.dashhroc.navy.mil>.

CHAPLAIN from Page 2

unfolded for her and her Son as He began to grow. Could she have known her little Jesus would change the world? Could she have imagined her miracle child would in fact be able to bring peace on earth? Could she have known peace would have to be in the hearts of men and women who acknowledged Him as the One who would offer them eternal salvation? Could she have guessed such a precious baby would create such controversy He would be crucified? Do you suppose Mary understood His death on the cross would be the atonement each of us would need for our own sins? I doubt Mary would have had such understanding of theology and prophecy. I don't doubt she knew she was blessed of God with a special mission of bringing Jesus into the world and raising Him. I don't doubt, as she pondered the events around her, she sensed there would never be another like Jesus. I believe Mary knew all of

creation would one day acknowledge her Jesus. She knew Jesus was the Son of God.
As the new year dawns, there are many uncertainties. None of us really knows what lies ahead. The most important thing for us to know is Jesus is the Son of God.
Real, eternal peace on earth occurs as men and women enter into a personal relationship with God through His Son. Whatever cataclysmic events unfold around us, we are able to be at peace within as long as God is in our lives.
I can only guess many around Mary were so caught up with the events they missed the Person of Christ. Mary, however, pondered the events and focused on the Person. Perhaps we too should not get sidetracked by events. Maybe this new year can be a time for us to focus on the Person – Jesus.
May your Christmas be filled with the blessing of knowing Christ.

Blessings,
Chaplain Michener

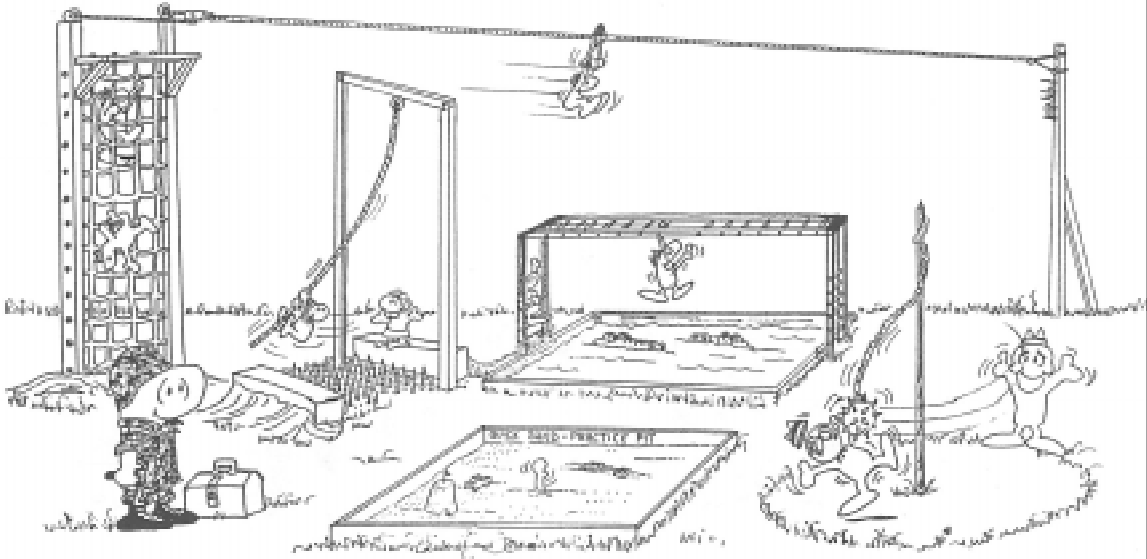
BASH from Page 1

Although Bradshaw has put a lot of work into the bash, he said he could not take credit for the idea. "This [idea] originally came from [base commander] Col. Costa," said Bradshaw in a phone interview. "He

wanted something for people to do so they weren't risking going out in town, getting in trouble, or getting stuck in all the traffic."
Even though it was not his brain-child, he said the bash is a great idea. "Where else are you going to get all this for free?"

101 things you should *never* ask a Marine to do

By E. Temple



Never ask a Marine to build a playground

Civilian Wellness test program comes to close in January

By Cpl. Brian Davidson
BARSTOW LOG staff

The Civilian Health and Wellness Pilot Program began August 2 with 50 employees seeking to get fit.

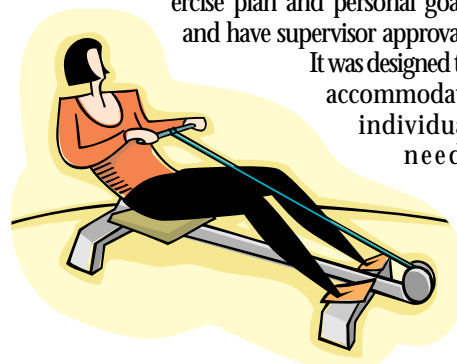
Program administrators will see the potential success of the program as the test run draws to a close in January.

The voluntary program participation lasts a total of six months and is aimed at improving employee health and quality of life.

To take part in the program employees had to complete prerequisite forms that provided preliminary indicators of current fitness levels used

by coordinators to help map an exercise plan and personal goals and have supervisor approval.

It was designed to accommodate individual needs



regardless of fitness levels, in conjunction with health education classes and training.

The average age of the civilian Marine aboard MCLB Barstow is 46; few have set regimens of exercise, according to Helen Sampilo, worksite wellness program coordinator.

Kim Whaley, a management analyst with the Quality Management Office, had participated in a similar program before and was chatting with coworkers about the benefits such a program could hold for the workforce only days before word about the command's pilot program broke in the BARSTOW LOG.

"Me and two of my coworkers jumped on the opportunity to take part in the wellness program," said Whaley. "As soon as we saw it in the paper, we made a bee-line to CWO William Bradshaw's office to sign up for the program."

Like every other person in the program, Whaley had very definite goals. Many of those goals included things such as losing weight, body fat or quitting smoking.

"I wanted to lose weight and get healthier," Whaley noted. "I wanted more energy—I felt

drained all of time."

According to Sampilo, studies show personnel who stay fit enjoy improved morale, greater productivity, and less sick time. She noted, "Many of the employees participating in the program have made the decision to improve their health and the program has helped them achieve their goals."

Whaley was a model participant, shedding 40 pounds, lowering her cholesterol 20 points and she found the extra energy she needed to make it through the day.

"You have to be motivated to benefit from the wellness program," said Sampilo. "The major factor that motivates everyone involved in the program is the fact that Col. Costa gave the program command support."

Col. Mark A. Costa, base commanding officer, stated in his guidelines for the program, "The

Civilian Wellness Program is a part of the Navy and Marine Corps' goals to improve the health, fitness and quality of life of the armed forces family, to include our civilian Marines. Mission accomplishment relies not only on the skill and expertise of our people, but also on their physical fitness and morale. Programs such as this



can improve those ingredients of mission accomplishment."

Employees taking part in the command-sponsored program exercise three times per week during one-hour sessions. The exercise periods are taken in conjunction with morning or afternoon breaks. Over the six-month period, a total of 78 hours of exercise are performed. The time allotted for the program is considered official duty time and is to be treated appropriately.



See **WELLNESS** Page 12

BRIEFS from Page 3

ily members admitted to a civilian hospital remains at \$11 per day with a minimum \$25 co-payment.

Inpatient mental health care at civilian facilities costs \$20 per day for active duty under all TRICARE plans.

E-mail your TRICARE questions to questions@tma.osd.mil or call 1-800-242-6788 and ask for the Barstow Benefits Adviser.

Barstow Transit begins bus service

Beginning tomorrow, Barstow Transit provides a limited fixed-route service around Barstow for evenings, weekends and holidays.

Fares must be paid in cash and are the same as the current fixed-route service. For more info call Barstow City Hall at 256-3531 extension 3268. Holiday Commissary hours

The commissary will be open Christmas Eve from 8 a.m. to 2 p.m. and closed on Christmas. It will also open on New Year's Eve from 9:30 a.m. to 5 p.m. and be closed on New Year's Day.

Shopping Spree

The commissary is giving away two \$100 shopping sprees in December, courtesy of Frito Lay.

The winner will be announced the week before Christmas.

For more info contact Judy Mendez at 577-6403.

Road trip to see the San Diego Chargers

The Civilian Welfare and Recreation Association, and Marine Corps

Community Services are disappointed to announce that the trip to see the San Diego Chargers take on the Oakland Raiders Dec. 26 has been cancelled.

For more info call Vince Chavez at 577-7630/7731.

Christmas Trees recycled here

Are the pine needles falling off your

Christmas tree just a little too quickly this year?

Never fear, if you reside in Housing then Base Recycling is coming to your rescue.

A Christmas tree recycling bin will be near the Housing Office from Dec. 23 to Jan. 6.

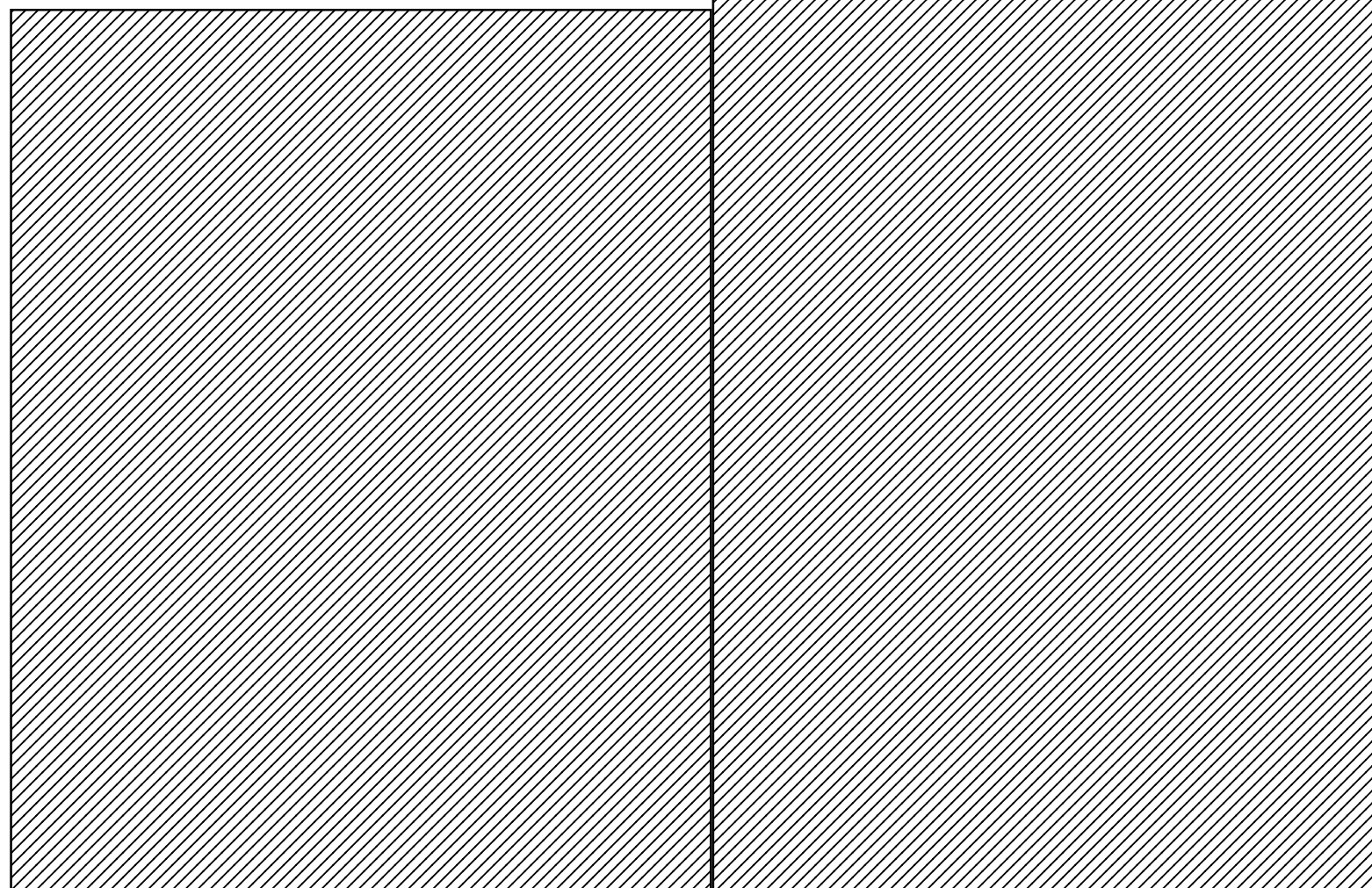
This bin is for tree disposal only. A base recycling spokesperson said that

as long as only trees are placed in the bin, the base may dispose of them at no cost.

If garbage is found in the bin then

the base would incur a cost to dispose of that bin, because the trees

See **BRIEFS** Page 12



SPORTS

Basketball fever abounds

By Cpl. Brian Davidson
BARSTOW LOG staff

Thursday night proved a bad night for those who weren't playing at the top of their games.

The Sailors of The Clinic were unmercifully routed by PMO's Enforcers 65-10. No, it's not a typo.

The game opened in the typical fashion, both teams fighting for the ball – no holds barred. All characteristics of a competition ended there. The rest of the game more closely resembled The Clinic attending a basket clinic courtesy of the Enforcers.

The Enforcers outscored The Clinic 30-6 at the half, and they didn't slow the pace for the second half.

Travis Dilk and Monte Matthews lead the onslaught. Dilk finished the game as the high scorer with 13 points. Monte was close behind scoring 12.

Ray Olias put forth an earnest effort for The Clinic leading his team with half of their total points.

Spectators who stayed for the second game of the evening between The Business and NTC saw fierce competition – at least for half of the game.

The floor was a blur of action the entire first half as the two teams clashed in defensive and offensive battle. The Business matched NTC rebound for

rebound, score for score.

The teams were in a gridlock at the half – 23 all.

After a short break and a few swigs of water, the teams were set to battle again.

William Washington and The Business got right down to it. The Business collected rebounds, connected on silky passes and eased the ball into the hoop like it was coated with hot butter.

NTC kept the pace, but was unable to find an offensive rhythm, scoring only 11 points in the second half.

Tim Woods lead NTC's offensive, scoring 8 points.

The Business, lead by Washington's 16 points, pulled away from their competition in a cool, collected fashion ending the game 53-34.

Team Standings		
Team	W	L
The Business	3	0
Enforcers	2	1
NTC	2	1
Top Gun	1	2
The Clinic	0	2
Rock Bottom	0	2



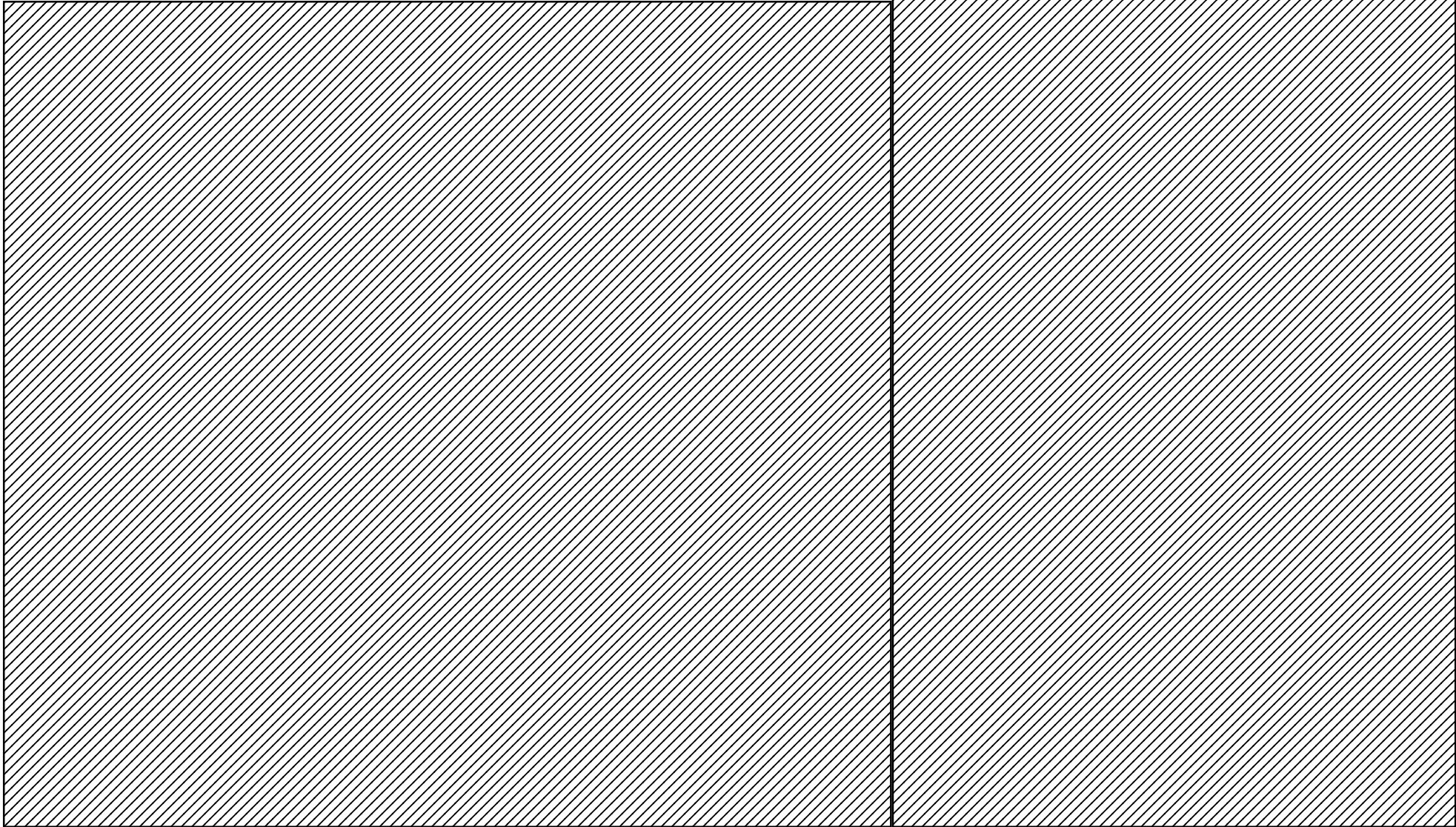
Photo by Cpl. Brian Davidson

The business clamps down on NTC's offense making it ineffective.



Photo by Cpl. Brian Davidson

William Washington (1) of The Business takes Pelton Smalls (10) of NTC to the hoop. Washington scored 16 points in the victory.



1970 OLDS CUTLASS: 2-door, V-8, auto, air, smog-free car, \$2,000. Or trade for 4x4 running or not. Call 252-9199.

1990 MAZDA 626: Low miles, fully loaded, great interior, Sony CD system, \$3,900. Call 252-3886.

1931 MODEL A FORD: Leather back, needs full restoration, \$3,000. OBO. Call 254-2077.

1975 TOYOTA LANDCRUISER: New soft top and doors, \$3,000; two 1979 FORD BRONCOS, make one from 2, \$1,500. 1974 Pinto body, \$25. \$100. Call 256-6103.

1964 VW BEETLE: 1641 cc engine, new interior, brakes, rims, tires and w/seals, \$2,000 OBO. Call 253-3573.

1994 FORD F-150XL: Pickup, automatic w/overdrive, custom CD, diamond plate bed box, 74.5 K miles, moving must sell, asking \$6,800 OBO. Call 252-1337.

DUNE BUGGY: Super reliable, ready to go, \$2,800 OBO. Call 252-7017

FOR SALE: 1979 Sunliner 17' boat. Moving must sell. \$2,000 OBO. Call 252-7017. Pgr. (916) 369-9540.

FOR SALE: 12 x 24 mobile home with pop-out and attached enclosed porches, furnished, \$4,900 OBO. See at North Star Park, 342 Petrol, Bakersfield, Calif. Call 253-5926.

FOR SALE: BMX bicycle, like new, \$100; Radio control trucks and buggies, LOSI XXCR and XXT also RC-10 with controls and vector charger, lots of parts. Call 256-6103.

FOR SALE: 18' Larso runabout boat with trailer, fair condition, asking \$700. OBO. Call 252-1337.

FOR SALE: Raptor Extreme paintball gun, \$200; snow board, 1149 Nale w/ Preston bindings, \$300; Burton boots, size 12, \$50. Barfoot boots, size 10, \$30. Call 256-6103.

FOR SALE: Microwave/convection oven, \$50; Sharp TV, 27" color, stereo, \$100 OBO. Call 253-5926.

FOR SALE: Computer 486, 13" color monitor, 2 hard drives, Win 3.1, disk drive 3.25, CD rom, internal modem, HP540 printer. \$200. Call 252-3510.

FOR SALE: Electric stove/oven, over 40 years old and looks brand new, extra xlt cond., collectable? See to appreciate. Call 252-7198.

FOR SALE: Hobart M. Cauble piano by Story & Clark, xlt cond. \$1,100. Call 252-1059.

FOR SALE: Navy pea coat, used, good cond., size 38, \$25; camera, KX100, 35mm, new, still in the box, \$10; calculator, desktop, 6" x 8", new still in the box \$8. Call 242-8839

FOR SALE: Battery illuminated magnifier, glass, new, still in the box \$8; pet carrier, kennel 21" long, 18" wide, 16" high, \$20. Call 242-8839.

FOR SALE: 28 - 2" and 32 - 3" rigid conduits. Make offer. Call 254-2077.

FOR SALE: Life Gear treadmill (manual), purchased at J.C. Penney, mid-Nov. 99, used twice, physical condition limits usage. \$100. Call 252-8911 or 252-3309.

FOR SALE: Weight bench and weights, \$85 OBO. Call 253-1200.

WANTED: Older 4x4 Runner or not. Call 252-9199.

WELLNESS from Page 9

“We supply Col. Costa with status reports because accountably is very important,” said Sampilo. “He put his full confidence in the program, necessitating a mutual trust between the supervisors and their employees.”

That trust gives employees a sense of empowerment and strengthens loyalties between supervisors and their employees who participate in the program, according to Sampilo.

“The program is a gift from the command. Employees have a lot of stresses and agitators. Some of them may be modified by the studies taking place around them,” she said. “Whether they’re walking, running on the treadmill or lifting weights they are stress busting, and they’ll go to work more relaxed and much more productive.”

Participants were given freedom of action in the types of physical activity they performed, as long as it was within their physical abilities or guidelines set forth by a physician, if they required such screening.

Some, like Whaley, chose swimming as their primary form of exercise.

“I fully appreciated being able to

swim because of it’s slimming affects, and it gave some relief from the heat of the desert,” said Whaley, who has since transitioned to the treadmill with the advent of winter.

The pilot program is drawing to a close and participants will soon complete the final stage of the program—the Civilian Health Promotion Program Post-Survey, in which they will

give Sampilo thorough feedback about their experiences.

Sampilo hopes to condense and study that information to benefit others and model other programs suited to fit other occupational needs, well in line with Costa’s goal to consider follow-on programs for employees who have their own fitness programs and addresses other wellness needs.

“What is good for part, is good for the whole,” said Sampilo. “I’m seeking to branch out and I hope to eventually implement similar programs at the Yermo Annex and within the MCLB Fire Department,” she said smiling. “You gotta be fit to win.”

For info about future sessions of the Civilian Wellness Program call SemperFit at 577-6971.

BRIEFS from Page 9

will not be recycled.

For more info call Base Recycling at 577-6006.

Leave donations

Mr. James Troutman, Maintenance Center has been affected by a medical emergency. Anyone desiring to donate leave under the leave sharing program may obtain a leave donor application through their division administration officer.

For more info call Pat Snyder at 577-7284.

Kwanzaa begins
Dec. 26

Kwanzaa – “first fruit” in Swahili – is a spiritual, festive and joyous celebration which claims no religious ties.

It is a time for dedication to manifesting the principles of Kwanzaa (Nguzo Saba) as a way of life for African Americans.

It is a week of remembering, reassessing, recommitting, rewarding and rejoicing. African Americans evaluate themselves and their history, reassess their thoughts and practices, and recommit themselves to the achievement of liberation and the betterment of life for all African Americans.

Kwanzaa is a family affair and seeks to reinforce the bonds between parents and children, and teach parents and children new views and values to aid them in self-consciousness and provide support and defense for our people.

Celebrate Kwanzaa Dec. 26 through Jan. 1.

Whatcha got cookin’

The base library is whipping up a delicious new collection – cookbooks.

If you’ve ever wanted to try new recipes without investing in a shelf full of books you’ll never use, you know what a sweet deal this is.

You can spice up our collection by donating the cookbooks you don’t use anymore. Bring them over to the base library at Bldg. 218.

